



## FIELD TRIP PERMISSION FORM

Dear Parents,

On \_\_\_\_\_, our class will be taking a field trip to the **Redwood Valley Outdoor Education Project (RVOEP)** located on Pinecrest Drive in Redwood Valley. The RVOEP is a community-supported program of the Ukiah Unified School District. It provides students of all ages with the opportunity for hands-on outdoor environmental education experiences.

Our class must bring one adult for every six children, so your help would be greatly appreciated. If you can come along to assist please indicate below and meet in our classroom 15 minutes before our scheduled departure.

Students and chaperones must **wear good hiking shoes (no sandals) and long pants**. The RVOEP keeps its trails clear of poison oak, but it is always a good idea to wash your child and his/her clothes after a hike. Since Mendocino County is an area where deer ticks are found and they can carry Lyme disease, I suggest that you also do a tick check when your child returns home.

### Please bring the following items in a daypack:

**Healthy snack (Suggestions: cheese, fruit, peanut butter and celery, nuts, or an extra sandwich)**

**Healthy lunch (Please try to pack lunch and snacks in reusable containers. We are trying to encourage students to REDUCE, REUSE, AND RECYCLE.)**

**Warm jacket or layered clothing and a raincoat if the weather indicates chance of rain. Note: Mornings at the RVOEP can be very cold and a sweatshirt often does not provide enough warmth.**

**Reusable water bottle with name (This is optional since there are drinking fountains available.)**

We will be traveling by bus and leaving school at \_\_\_\_\_ and returning by \_\_\_\_\_. Please sign and return the attached permission slip by this Friday. *Please note any allergies or other health issues in the comment section below.*

Feel free to contact me at school if you have any special concerns or questions. Visit the RVOEP website, <http://www.rvoep.org/>, to see pictures, read student poetry, and learn more about RVOEP programs and special family activities. There is a possibility that a picture of your child participating in outdoor education activities could appear in the RVOEP newsletter, in RVOEP program publicity, or on the RVOEP website. If you object please make a note in the comment section of the field trip permission slip.

Sincerely,

..... Please keep the top portion and detach and return the bottom portion by Friday .....

## FIELD TRIP PERMISSION SLIP

\_\_\_\_\_ has permission to join his/her class on a field trip to the **Redwood Valley Outdoor Education Project** on \_\_\_\_\_.

**Yes, I can come along to help and will be in the classroom 15 minutes before departure time.**

**Note to chaperones:** We value your participation with your child, so bringing younger family members is discouraged. It is requested that cell phones be turned off while you are at the RVOEP. Activities for 3<sup>rd</sup> through 6<sup>th</sup> grades often involve hiking up and down hills on uneven footing.

Please reserve a school sack lunch for my child.

I have attached a contribution of \$\_\_\_\_\_ to help cover RVOEP program costs and our class contribution to the project. Suggested donation: \$2.00 (Or more! The RVOEP is completely supported through donations and small grants.)

\_\_\_\_\_  
Parent/guardian signature

\_\_\_\_\_  
phone

Comments:

