



A Few Simple Field Trip Rules

1. Students must stay with their leaders or study groups at all times.
2. The staff and volunteers at the RVOEP work hard to keep poison oak off the hiking trails. To avoid contact with poison oak make sure to stick to the trails and be careful about what plants you touch. *Remember: Leaves of three let it be.*
3. Wear long pants and good hiking shoes.
4. Always treat wildlife with respect. Most of the animals at RVOEP are very shy, so keep voices low on the trails and in the study areas.
5. Be safe. Don't run on the trails, carry sticks, or throw rocks.
6. Since the river is an environmental study area, swimming is not allowed.
7. Many people will be using the RVOEP for outdoor education activities. Please don't take rocks, plants, or other treasures from nature home with you.
8. The time you take to leave the area trash free is greatly appreciated. Your class may wish to bring a recycling box and trash bag since trashcans are not available on site.

NOTE: When you return home we recommend that you put your clothes in the washer, take a shower to clean off any accidental exposure to poison oak, and check closely for ticks.

